

Information Chart for Parents/Carers

What should I do *if my child* or *if I'm* ill during the period of COVID-19?

COVID-19 SYMPTOMS

- Persistent cough (i.e. coughing over an hour/ 3 or more coughing episodes in 24 hrs)
 - Temperature 37.8°C or above
 - Unable to taste effectively
 - Unable to smell effectively

DO NOT send your child (or any other child in your family or household) to school if he/she has any one of the above COVID-19 symptoms.
DO NOT send your child (or any other child in your family or household) to school if any member in your household has any one of the above COVID-19 symptoms.

If your child has any one of the above symptoms, contact the school/ nursery to note that he/she is feeling unwell.

Can my child go to school if he/she has been in contact with someone showing COVID-19 symptoms but does not live with them?

Can my child go to school with a cold?

If your child does not have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they and you do not need to self-isolate. Your child can go to school if healthy enough to do so.

What happens next?

The school will discuss the next steps with you over the phone but all members of your household must self-isolate until they receive a negative test or in the event of a positive result will need to self-isolate for 14 days.

If your child has been in "contact" with someone experiencing symptoms but does not live with them, they should carry on as normal until that individual receives their test result. If this is positive, the Test, Track and Protect Team will contact people identified as contacts.

Before a child can return to school, you will need to produce evidence of a negative test result to the head teacher.



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CEREDIGION
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