



Key Message:

Make the most of learning opportunities available to you with the Penglais Sixth Form Opportunities Calendar.

This calendar shows the range of opportunities which have been advertised to our learners at Penglais Sixth Form.

These opportunities are emailed out to students throughout the month, so remember to check your emails to view the full list of opportunities.

- [Take a look at the Penglais Sixth Form Opportunities Calendar here!](#)
- [See the Sixth Form Spotlight Opportunities here!](#)

Important Dates:

- October Half-term: 25/10/21 - 29/10/21
- Year 12 Progress Report: November 2021
- Year 13 Parents Evening: 25/11/21
- Mock Exams: 06/12/21 - 17/12/21
- Certificates Evening: 16/12/21
- Carol Concert: 20/12/21
- Christmas Break: 23/12/21 - 04/01/22



News

The Worshipful Livery Company of Wales award

The Worshipful Livery Company of Wales is an organisation that aims to nurture Welsh talent in education, arts, science and technology.

The Schools Award is given to a deserving student in Year 13 who has shown outstanding ability, drive and ambition to continue with their education.

Millie is the recipient of this award in 2021. Millie is an extremely able, intelligent and hard-working student with a clear interest in Earth Science. During her time in Year 13 she was fully involved in school and the community while continuing to be motivated

to further her knowledge. She was hugely enthusiastic about all aspects of her life, always offering to take plans forward and develop them, exploring ways of involving others with her enthusiasm, and achieving her goals. She put her all into any piece of work, was an independent thinker and worker, with great potential.

Millie has exceptional academic ability, demonstrated by her grades, yet was an extremely likeable, popular and trustworthy student, who always had time for others. Her bubbly enthusiasm, work ethic and personality make her an ideal recipient of the WLCOW Schools award. Millie is currently studying for a Masters in Earth Science in St Andrew's University.



Diwrnod Shwmae

As part of Diwrnod Shwmae day (Oct 15th), we wanted to encourage all levels of Welsh speakers to start a conversation with 'Shwmae' or 'Su'mae' like our students and staff in the video below:

<https://youtu.be/yEs3bLPZts8>



Vogue Webinar

Vogue Forces of Fashion 2021: Fashion Goes Forward

Event Summary - [Learn more about the event here.](#)

Our Sixth Formers have been busy undertaking new experiences over the summer to broaden their knowledge of the curriculum and future careers. As we are still in relatively strange circumstances regarding covid, our students have branched out to new forms of extracurricular activities. Priya sought out a fashion event to ensure covid did not stop her in her tracks and attended the Vogue Forces of Fashion event. Read on to hear what Priya gained from the virtual event.

"The event took place virtually over two days and we got to hear from a variety of guest speakers from across the fashion industry. We also took part in two networking sessions with industry professionals where we got to talk one-on-one about the industry. On the first day, I was able to virtually attend the Balenciaga Haute Couture show that was live from Paris. I also heard Margaret Zhang talk about her debut cover for Vogue China and have been so lucky as to be in contact with her over messages following the event. On the first day I also heard from Marc Jacobs, Ruth E. Carter, and many more speakers.

On the second day I took part in a zoom call where I spoke one-on-one with Allie Michler, the Fashion Initiatives Director at Vogue, who I have been in contact with since the event. I also heard from John Galliano, Billie Eilish and Alessandro Michele to name a few. From this event I have learned more about the future of fashion, including the importance of prioritising sustainability. I have also made wonderful industry connections".

- Priya (Year 13)



Student Blog

The Tiny House EP - How I Balance Projects and School Work

So here's my predicament: I'm a Penglais pupil in my last year of A levels, but I'm also a singer-songwriter on a record label with obligations to meet and projects I want to work on. When you have an idea for something you desperately want to do it can often feel like everything else gets in the way so it's important you give yourself that time to follow your passion as well as allocating time to actually do your work. You have to prioritise but you don't always have to prioritise the same thing. If I have a gig or a video shoot coming up I prioritise music work, if I have an exam or a coursework deadline coming I prioritise school. Obviously right now I'm prioritising school most of the time but I still manage to play a few gigs every month and I'm still working on future releases in the background.

The Tiny House EP which was released last year (EP stands for "Extended play" and is basically a shorter album, mine are always five songs) was written, recorded, and released alongside the end of my GCSEs, start of my A Levels, a global pandemic, and quite a lot of personal stuff (it's been a long year). But this long timescale allowed me to get involved with every redraft and work my ideas through. When you're at school no one expects you to be making anything so the fact of doing anything at all is noteworthy, you'll likely never get to spend as much time refining again so it's important to spend the time when starting out so you can develop a solid work flow. All this said, I'm hardly a straight A student, nor am I the world's best musician but I do as well as I can in both things and I think they're both improved by each other, most of the time.

- Rhys (Year 13)



Alumni Careers

Lucozade Ribena Suntory

- Your name: Owen Lawrence
- What your current role is: National Account Manager – Lucozade Ribena Suntory
- When you attended Penglais: 1997-2005
- What are the day-to-day responsibilities in your role?

I work for Lucozade Ribena Suntory, we are a soft drinks manufacturer in the UK. I work specifically in the Wholesale channel and our job is to supply wholesale customer around the country with our products so that they can then sell them to the local shops. My job is fast paced and involves a lot of planning but it is great fun and the perks that come with it are brilliant.

- What subjects have you found useful in your role?

They have all been useful in different ways, they all helped to developed the skills needed to progress through my career.

- What advice do you have for current students at Penglais?

Enjoy your time whilst you can and make the most of the opportunities in front of you. Also, remember that your time in school doesn't define you, there is much more to life once your out in the big world that you can be anyone you want to be.



Openreach: Telecommunication Engineer

- Your name: Dorian Jones
- What is your current role: Telecommunication Engineer for Openreach
- When you attended Penglais: 2004 - 2011
- What are the day-to-day responsibilities in your role?

My day to day responsibilities vary slightly from one day to another. I can be running cable one day to installing or fixing someone's phone line or broadband the next. My job role means that I could be climbing telegraph poles in the middle of nowhere in the morning then working in the underground network in the middle of the road in the afternoon.

- What did you do after leaving Penglais?

I went to University in Swansea straight after leaving Penglais to study Product Design.



- What subjects have you found useful in your role?

I have found maths to be useful in not only my job now but also in jobs I've had in the past. Having a good grasp of numbers can make many job roles easier. I also think that DT has helped me a lot on my current job roll as it is a very hands on subject and the job I have now is hands on and involves me using tools similar to the ones I would have used in DT classes.

- What is your lasting impression of Penglais?

My lasting impression of Penglais is that it was a really good school to go to and a place where I've made memories with friends I still speak to on a daily basis.

Area Display Consultant for Next

- Your name: Sian Henley Davies
- What is your current role: Area Display Consultant for Next
- When you attended Penglais: '06-'08
- What are the day-to-day responsibilities in your role?

Maintaining high window dressing standards throughout Next stores in the South Wales region. Implementing seasonal scheme changes, creating new layouts reflecting the current trends and brand image. Adapting to different working methods such as painting, wallpapering, flooring, sawing etc.

- What is the key to succeeding in this role?

Being adaptable to learning new skills and combining practicality with creativity.

- What did you do in the year immediately after leaving Penglais?

Art Foundation at Coleg Sir Gar, Carmarthen

- How has your Penglais education contributed to your success?

Achieving A-levels in Art and Textiles encouraged me to go ahead and study the Art foundation course which then led me onto my Fashion Design degree at Birmingham City University.

- What advice do you have for current students at Penglais?

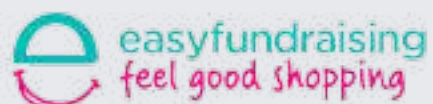
It's never easy deciding what career path to take at such a young age so choose a variety of subjects, so you can explore a few different avenues.

- What is your lasting impression of Penglais?

There was such a great atmosphere in the 6th form years 12 & 13. It really encouraged me to grow as a person and gain confidence in myself.



Joining the school lottery is another opportunity to raise money for the PTA to spend on projects in school. It's easy to sign up and easy to stop at any time! More information on www.yourschoollottery.com



Raise funds for Penglais School every time you shop online with over 4,500 shops and sites. Thank you to everyone for raising donations!

Find us on easy fundraising to start: Click [here!](#)

Canteen Menu

Here you can see the canteen menu for Week 1 and Week 2, which will be used after October half-term.

There will also be paninis, toasties, bagels, baguettes and pizza available at break.

Also available at lunch are various rolls, quiches, salad pots and calzones.

We are a cash-free school - set up ParentPay to put money on your child's dinner account. Contact: maw@penglais.org.uk

YSGOL PENGLAIS
MENU
 WEEK 1
 PENGLAIS SCHOOL

MON

MAIN DISH
Pasticcio (pasta bake)
Veg pasta bake

BAGUETTES
Chicken tikka Cheese

DESSERT
Pineapple upside down cake
Angel delight
Flapjacks



TUE

MAIN DISH
Chicken & veg bake
Veg crumble

BAGUETTES
Chicken & bacon Egg

DESSERT
Fruit oat crumble
Chocolate muffins



WED

MAIN DISH
Roast pork
Leeds & potato pie

BAGUETTES
Quorn Ham
& pesto

DESSERT
Chocolate sponge
Jelly & fruit
Pancakes



THURS

MAIN DISH
Tuna pasta bake
Macaroni broccoli & sweetcorn bake

BAGUETTES
Chicken & sweetcorn Tikka Quorn

DESSERT
Steamed orange sponge
Homemade cookies



DEALS

DEAL 1: £2.50
Main dish +
Fresh fruit or
Yoghurt

DEAL 2: £2.50
Baguette +
Fruit/ yoghurt +
Bottle of
apple/orange
juice or water

FRI

MAIN DISH
Chicken goujon
Veg sausage & chips

BAGUETTES
Cheese & Tuna
pickle

DESSERT
Fruit tart
Orange & apple muffins



YSGOL PENGLAIS
MENU
 WEEK 2
 PENGLAIS SCHOOL

MON

MAIN DISH
Calypso chicken
Veg savoury rice

BAGUETTES
Chicken tikka Cheese

DESSERTS
Jam & coconut sponge
Dai & raisin cookies



TUE

MAIN DISH
Sausage & mash
Veg sausage & mash

BAGUETTES
Chicken & bacon Egg

DESSERTS
Rice pudding
Shortbread



WED

MAIN DISH
Cawl
Cheese & potato pie
Soup & a roll

BAGUETTES
Quorn Ham
& pesto

DESSERTS
Bakewell tart & custard
Angel Delight
Cookies



THURS

MAIN DISH
Spaghetti bolognese
Vegetarian bolognese

BAGUETTES
Chicken & sweetcorn Tikka Quorn

DESSERTS
Chocolate banana cake & custard
Jam & cream scones



DEALS

DEAL 1: £2.50
Main dish +
Fresh fruit or
Yoghurt

DEAL 2: £2.50
Baguette +
Fruit/ yoghurt +
Bottle of
apple/orange
juice or water

FRI

MAIN DISH
Meat lasagne
Veg lasagne

BAGUETTES
Cheese & pickle Tuna

DESSERTS
Apple crumble
Welsh cakes

