

Extra Curricular Time Table 2023

WHEN	WHERE	Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH TIME 12.30 – 1:10	Gym	Spike ball (Year 7, 8 and 9) Mr P Stubbs	Dance Year 7, 8 and 9 (After Oct half term)	Gymnastics CAP	Year 7 benchball JLR 6th Form	
	Sports hall	Yr 7, 8 and 9 Basketball Lee Coulson	Year 8 and 9 netball CAP/SLJ	Girls Rugby (All age groups) Lewis Ellis-Jones		Badminton club Steve Davies (Ceredigion AYP)
After school 3.15 – 4.30		Volleyball All age groups	Hockey All age groups	GIRLS FIXTURES BOYS FIXTURES	Girls football Year 7 and 8 Year 9 and 10	
					KET	
			Boys Rugby 7 and 8 9 and 10		Boys Football Year 7 and 8 Year 9 and 10	
			Boys Senior Football		Senior Girls Netball (Years 10, 11, 12 and 13)	