

# Week 1

Week commencing: 04/09, 25/09, 16/10

Monday

## Home from home

- Spaghetti Bolognaise
- Butternut squash & chickpea tikka<sup>v,VE</sup>

## Pot & tasty

- Penne pasta & herby tomato sauce<sup>v</sup>

## Dessert

- Jelly/fruit, oat & raisin cookies, crumble & custard

## Daily veg

- Peas, sweetcorn, beans, mixed salad

## Daily snacks

- Steak slice
- Vegan sausage roll<sup>v,VE</sup>

Tuesday

## Home from home

- Calypso chicken
- Veg chilli<sup>v,VE</sup>

## Pot & tasty

- Pasta with ragu sauce<sup>v</sup>

## Dessert

- Rice pudding, flapjacks

## Daily veg

- Broccoli, carrots, mixed salad

## Daily snacks

- Large pizza (Meat or veg<sup>v</sup>)

Wednesday

## Home from home

- Roast pork with stuffing & gravy
- Veg pie<sup>v</sup>

## Pot & tasty

- Pasta served with bolognaise sauce<sup>v</sup>
- Garlic bread

## Dessert

- Apple & orange muffins, chocolate & banana cake

## Daily veg

- Roast pots, mixed veg, seasonal greens, broad beans

## Daily snacks

- Lamb & mint burgers
- Spicy bean burgers<sup>v,VE</sup>

Thursday

## Home from home

- Chicken pie
- Stir-fried veg<sup>v,VE</sup>

## Pot & tasty

- Pasta with arrabiata sauce<sup>v</sup>

## Dessert

- Bara brith, orange cake, angel delight

## Daily veg

- Baked potatoes, carrots, peas, mixed salad

## Daily snacks

- Fish fingers/fishcake bap
- Small pizza<sup>v</sup>

Friday

## Home from home

- Fish finger or chicken goujon
- Veg hotdog<sup>v</sup>

## Pot & tasty

- Wedges or chips with curry sauce<sup>v</sup>

## Dessert

- Carrot cake, bakewell tart & custard

## Daily veg

- Chips, mushy peas, beans

## Daily snacks

- Chicken or veg<sup>v</sup> sausage

# Week 2

Week commencing: 11/09, 02/10, 23/10

## Home from home

- Meat chilli served with steamed rice
- Broccoli & potato bake<sup>v</sup>

## Pot & tasty

- Pasta shells with sweet chilli sauce<sup>v</sup>

## Dessert

- Coconut cookie, fruit salad, eves pudding & custard

## Daily veg

- Peas, sweetcorn, beans, mixed salad

## Daily snacks

- Chicken or spicy bean<sup>v,VE</sup> burger in a wholemeal bap

## Home from home

- Oriental pork & rice
- Cheese & potato pie<sup>v</sup>

## Pot & tasty

- Penne pasta with tomato & basil sauce<sup>v</sup>

## Dessert

- Apple & berry tart with custard, welsh cakes

## Daily veg

- Roasted veg, mixed salad, beans

## Daily snacks

- Fish bap, vegan slice<sup>v,VE</sup>

## Home from home

- Sausage, mash & gravy
- Mediterranean vegetable lasagne<sup>v</sup>

## Pot & tasty

- Spaghetti with pepperonata sauce<sup>v</sup>

## Dessert

- Chocolate cake with chocolate sauce, shortbread

## Daily veg

- Peas, carrots, mixed salad

## Daily snacks

- Meat or veg pazzini<sup>v</sup>

## Home from home

- Meat lasagne
- Macaroni cheese<sup>v</sup>

## Pot & tasty

- Pasta with bolognaise sauce<sup>v</sup>

## Dessert

- Lemon buns, lemon cupcakes apple crumble, jelly and fruit

## Daily veg

- Sweetcorn, peas, beans, mixed salad

## Daily snacks

- Chicken & ham slice
- Vegan sausage roll<sup>VE</sup>

## Home from home

- Fish finger or chicken goujon, veg sausage
- Stuffed jacket potato<sup>v</sup>

## Pot & tasty

- Spicy wedges served with barbecue sauce<sup>v</sup>

## Dessert

- Blueberry muffins, marble cake & custard

## Daily veg

- Chips, peas, beans, mixed salad

## Daily snacks

- Chicken goujon in a wholemeal bap
- Omlette<sup>v</sup>

# Week 3

Week commencing: 18/09, 09/10

## Home from home

- Chicken tikka with steamed rice
- Veg chilli with steamed rice<sup>v</sup>

## Pot & tasty

- Bolognaise pasta<sup>v</sup>
- Garlic bread

## Dessert

- Orange cake, chocolate & raspberry sponge with custard

## Daily veg

- Peas, sweetcorn, beans, mixed salad

## Daily snacks

- Calzone<sup>v</sup>
- Veg sausage bap<sup>v</sup>

## Home from home

- Pasticcio
- Veg spaghetti bolognaise<sup>v</sup>

## Pot & tasty

- Pasta with marinara sauce<sup>v</sup>

## Dessert

- Pancake, coffee cake, apple crumble

## Daily veg

- Spicy potatoes, broad/green beans, mixed salad

## Daily snacks

- Meat or vegan<sup>VE</sup> sausage rolls

## Home from home

- Roast turkey
- Quorn pie<sup>v</sup>

## Pot & tasty

- Pasta with tomato sauce<sup>v</sup>
- Garlic bread

## Dessert

- Banana & coconut cookie, ginger & pear sponge & custard

## Daily veg

- Carrot & swede, roast potatoes, seasonal greens, mixed salad

## Daily snacks

- Chicken burger
- Vegan slice<sup>VE</sup>

## Home from home

- Sausage pasta bake
- Tuna pasta bake
- Quiche<sup>v</sup>

## Pot & tasty

- Pasta with Herby tomato sauce<sup>v</sup> meatball optional

## Dessert

- Scone, angel delight, paradise slice & custard

## Daily veg

- Peas, carrots, broad beans, mixed salad

## Daily snacks

- Meat or veg<sup>v</sup> pazzini

## Home from home

- Fish finger or chicken goujon, veg sausage
- Veggie burger<sup>v</sup>

## Pot & tasty

- Spicy fajitas, wraps<sup>v</sup>

## Dessert

- Choc oat slice, chocolate banana cake & custard

## Daily veg

- Chips, mushy peas, baked beans

## Daily snacks

- Chicken goujons in a wholemeal bap
- Vegan slice<sup>VE</sup>

Available daily

Jacket potato • Wraps • Hot & chilled drinks • Assorted snacks • Pudding of the day • Fresh fruit • Baguettes • Yoghurt • Paninis • Salad pot • Various sandwiches

MEAL DEAL £2.90

Hot meal and dessert or sandwich/baguette, fruit and bottle of water